



# COMMUNITY PLAYGUIDE *what to do!*



**Don't Hibernate...  
*Recreate!***

Photo by: Bob Palermini

**Winter/Spring 2026**  
JAN | FEB | MAR | APR | MAY



# Youth Programs

For full program descriptions and to register, click to visit [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)  
Register for each class as indicated below.

## ART & CULTURE

### Rogue Music Academy Lessons for Youth



#### Kindermusik - \$75 (4 classes)

Kindermusik is an internationally accredited program from Germany that focuses on developing music education and meeting developmental milestones for infants and toddlers. Instructor: Rogue Music Academy.

Information about age-specific instruction at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)

**Babies (Up to 14 months)** | 11:30am-12:15pm  
**Tiny Toddlers (1-2 years)** | 10:30-11:15am  
**Preschoolers (3-5 years)** | 12:30-1:15pm

Session 1: Jan 7-28 | Session 2: Feb 4-25  
Session 3: Mar 4-25 | Session 4: Apr 1-22  
Season Pass: Jan 7-Apr 22 | \$300  
Wednesdays at The Grove



#### I Can Play Guitar and Ukulele! - \$100 (4 classes)

This class is perfect for ages 6-15 years who have never picked up a guitar or ukulele before, or for those who have struggled with traditional lessons in the past. With a simple, step-by-step approach, students will be playing recognizable songs on either the guitar or ukulele—it's up to them!

Free rental instruments are available. Please contact Rogue Music Academy at (541) 292-4247 if you do not already have your own instrument.

Monday | Feb 2-23 | 5:15-6pm | Ashland Senior Center  
Ages: 6-15 | Instructor: Rogue Music Academy

## NATURE & GREEN LIVING



### Project FeederWatch - FREE



Become a bird detective with Project FeederWatch! Kids and families can help count the birds visiting our feeders at North Mountain Park. Learn cool ID tips, discover new species, and be part of a real nationwide science project! This project is made possible through funding and volunteers from the Rogue Valley Audubon Society. Pre-registration is not required for this free program. Loaner binoculars will be available.

Alternate Saturdays | 9-10am  
Jan 3, 17, 31, Feb 14, 28, Mar 14  
North Mountain Park Pavilion

Age: 9 & up (**Minors must be accompanied by an adult**)  
Instructors: Various regional birding experts



## Advertise with us!

Support Ashland Parks & promote your business while showing your commitment to our community!

Fill out our online application at [ashlandoregon.gov/advertise](http://ashlandoregon.gov/advertise).

Questions? [parksinfo@ashlandoregon.gov](mailto:parksinfo@ashlandoregon.gov)  
or call **541-488-5340**

# Youth Programs

For full program descriptions and to register, click to visit [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)  
Register for each class as indicated below.



ASHLAND  
JAPANESE  
GARDEN

Photo by: Bob Crawford



We invite you to come enjoy the beauty and tranquility of the Ashland Japanese Garden.

.....  
**Winter Hours:**

November-Early March  
8am to 5pm | 7 days a week  
.....

Please check [AshlandJapaneseGarden.org](http://AshlandJapaneseGarden.org) for upcoming community events and happenings!

## ADAPTED PROGRAMS



### All Abilities Gaming Social - FREE (pre-registration required)

Participants of all abilities can immerse themselves in an array of video games, board games, and more! Noise-canceling headphones are provided to focus on the action and fidgets are available for those who need them. Light refreshments are provided and players can bring personal games and consoles to share.

5:30-7pm | Ashland Senior Center | Ages: 8-14  
Session 1: Fri, Jan 9 | Session 2: Fri, Feb 13  
Session 3: Fri, Mar 13 | Session 4: Fri, Apr 10



Register Today!  
[ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)



# Senior Programs | 50+

For full program descriptions and to register, click to visit [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)  
Registration is required for all programs. Register for each class as indicated below.

## ART & CULTURE

### Young at Art - \$5/class

1st Wednesdays | 2-3:30pm | Ashland Senior Center  
Instructor: Shea Cathey  
Call to sign up: 541.488.5342

### Japanese Garden Guided Walk - FREE

Wednesday | Apr 29 | 1-2:30pm | Japanese Garden  
Guide: Patty Winner  
Call to sign up: 541.488.5342

### Cute as a Button - FREE

Monday | Feb 9 | 2-3:30pm | Ashland Senior Center  
Sponsor/Presenter: Robyn Alleson, Visiting Angels  
Call to sign up: 541.488.5342

### Spring Tea Party - FREE

Wednesday | Mar 11 | 2-3:30pm | Ashland Senior Center  
Sponsor/Presenter: Bristol Hospice  
Call to sign up: 541.488.5342

### Guitar and Ukulele for the Ageless - Age 50+ | \$100 (4 classes)

See page P5

## EDUCATION & ENRICHMENT

### Computer, Phone and Tablet Tutoring - FREE

By appt. | Ashland Senior Center  
Tutors: Judy Blue, Phil Settles  
Call to sign up: 541.488.5342

### JCLS Presents: Tech Basics, Special Classes - FREE

3rd Wednesdays | 2-3:30pm | Ashland Senior Center  
Instructors: Jackson County Library Services staff  
Call to sign up: 541.488.5342

### Hospice Philosophy & Practical Skills - FREE

Wednesday | Apr 8 | 1-3pm | Ashland Senior Center  
Presenter: Brandi Hoffman, M. Ed.  
Call to sign up: 541.488.5342

## EDUCATION & ENRICHMENT

### AARP Smart Driver Course - \$20-25

Wednesday-Thursday | Jan 21-22 & Apr 22-23 | 1-4:30pm  
Ashland Senior Center  
Instructors: Daniel Wise  
Call to sign up: 541.488.5342 

### Pharmacy Talk - FREE

Monday | Jan 26 & April 27 | 1-3pm | Ashland Senior Center  
Presenter: Pharmacy Team at Rogue Community Health  
Call to sign up: 541.488.5342

## FITNESS & MOVEMENT

### Personalized Strength & Balance Training - \$70-100/month (7-10 classes)

Mondays & Thursdays | Call for available times  
Thursdays & Saturdays | Call for available times  
Saturday Drop-in | Call for available times  
Ashland Senior Center  
Instructor: Beth Morris  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)  
or call 541.488.5342

### Cardio-Agility Class - \$70/10 punch card

Fridays | 9:15-10:15am | Hunter Park  
Instructor: Beth Morris  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342



Photo by: Bob Palermmini

### Beginning Line Dancing\* - \$9-15/month

Mondays | 11:30am-12:30pm | The Grove  
Instructor: Risa Lewellyn  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342  
\*This ongoing class is for beginning Line Dancers.

### Line Dancing 1\* - \$9-15/month

Mondays | 1-2:30pm | The Grove  
Instructor: Lynn Roberts  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342  
\*This ongoing class is for Line Dancers continuing Line  
Dancing 1

# Senior Programs | 50+

For full program descriptions and to register, click to visit [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)  
Registration is required for all programs. Register for each class as indicated below.

## FITNESS & MOVEMENT

### Line Dancing 2\* - \$15-25/month

Wednesdays | 1-2:30pm | The Grove  
Instructor: Risa Lewellyn  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342  
\*This ongoing class is for more experienced line dancers who want to learn and practice more advanced moves and choreography.

### Gentle Yoga - \$12-30/month

Mondays | 10:30-11:30am  
Wednesdays | 10:30-11:30am  
Ashland Senior Center  
Instructor: Cheri Theobald  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342

### Chair Yoga - \$12-30/month

Mondays | 11:45am-12:45pm | Ashland Senior Center  
Instructor: Cheri Theobald  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342

### Yoga for Bone Health Workshop: Safer Practice for Osteoporosis & Osteopenia - \$20

Friday | Mar 27 | 2-3pm | Ashland Senior Center  
Instructor: Cheri Theobald  
Register at [ashland.or.us/register](http://ashland.or.us/register) or call 541.488.5342

### Tai Chi 1\* - \$12-15/month

Tuesdays | 9:30-10:30am | The Grove  
Instructor: Char Hersh  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342  
\*This class is for people new to Tai Chi.

### Tai Chi 2\* - \$12-15/month

Thursdays | 9:30-10:45am | The Grove  
Instructor: Char Hersh  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342  
\*This class is for those continuing to learn Tai Chi forms. If you are new to Tai Chi, please enroll in Tai Chi 1.

### Tai Chi 3\* - \$9-15/month

Mondays | 9:30-10:45am | The Grove  
Instructor: Char Hersh  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342  
\*This class is for those already familiar with Tai Chi forms.

## FITNESS & MOVEMENT

### Senior Walkabouts - \$16/8 weeks

Mondays | Mar 2-Apr 27 | 10-11am | Ashland Creek Park  
Leader: Rosalie Rybka  
Register at [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register) or call 541.488.5342

## FRIENDS & FUN

### Cribbage - FREE

Tuesdays | 1-3:30pm | Ashland Senior Center  
Call to sign up: 541.488.5342



### American Mah Jongg - FREE

Thursdays | 1-3:30pm | Ashland Senior Center  
Call to sign up: 541.488.5342

### Spades - FREE

Thursdays | 1-3:30pm | Ashland Senior Center  
Call to sign up: 541.488.5342

### Go - FREE

Thursdays | 1-3:30pm | Ashland Senior Center  
Call to sign up: 541.488.5342

### Discussion Group - FREE

Tuesdays | 9:30-11:30am | Ashland Senior Center  
Call to sign up: 541.488.5342

### Weekly Movie - FREE

Tuesdays | 1-3pm | Ashland Senior Center  
Call to sign up: 541.488.5342

Register Today!  
[ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)



# Adult Programs

For full program descriptions and to register, click to visit [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)  
Register for each class as indicated below.

## ART & CULTURE

### Lorie Deller Art Classes - \$35 (must pre-register)



Instructor: Lorie Deller has a BFA from UT Tyler and is the owner of Daydreams Face Painting. She is pleased to offer fun art classes in a casual setting for people who want to gather while being creative.

Age: 16 & Up | North Mountain Park Nature Center

### Dimensions in Drawing: Shadows & Highlights

Students will learn to add highlights and shadows to their drawings that bring dimension to the subject. Supplies provided for class. Bring something to drink. Snacks offered.

Sunday | Mar 8 | 3-5pm

### Grid Drawing with Graphite

Come have some fun learning a new art technique. The focus will be on images from nature. Participants will learn how to use the grid technique to create a pencil drawing to take home. Materials provided. Dress in art "sturdy" clothing or wear an apron.

Tuesday | Mar 24 | 6-8pm

### Beginning Watercolor

Learn about your tools and working with watercolor. Students will leave the class with a basic understanding of watercolor paint, a small color block, and a small painting.

Tuesday | Mar 31 | 6-8pm

### Color Theory with Acrylics

In this beginner class participants will learn color mixing, value, hue, saturation, and the harmonies in color combinations. This is a beginner class where participants will leave having produced their own color wheel and knowing basic color theory. Materials provided.

Tuesday | Apr 14 | 6-8pm

## ART & CULTURE

### Rogue Music Academy Lessons for Adults & Seniors



### Beginning Guitar and Ukulele! - \$100 (4 classes)

Beginning players learn a step-by-step approach to play recognizable songs with either the guitar or ukulele—it's up to you! Intended for new musicians, and no one is too old to start.

Free rental instruments are available. Please contact Rogue Music Academy at (541) 292-4247 if you do not already have your own instrument.

Monday | Feb 2-23 | 6:15-7pm | Ashland Senior Center

### Guitar and Ukulele for the Ageless - Age 50+ | \$100 (4 classes)

Monday | Feb 2-23 | 4:15-5pm | Ashland Senior Center

## FITNESS & MOVEMENT

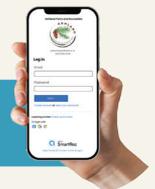
### Beginning Ballroom, Latin & Swing

Couples and singles welcome! **No experience needed.** Learn to dance, exercise and meet new people all at the same time. Register online at [ashlandoregon.gov/register](http://ashlandoregon.gov/register). Questions? Visit [UpAndDancing.com](http://UpAndDancing.com) or call the instructor at 541.708.1584.

### \$22/session (3 classes) \$90/person for all 6 sessions (season pass)

Tuesdays | 6:40-7:40pm | The Grove, Gym  
Session 1: Swing..... Jan 6-20  
Session 2: Salsa/Bachata ..... Jan 27-Feb 10  
Session 3: Tango ..... Feb 17-Mar 3  
Session 4: Waltz ..... Mar 10-31 (no class Mar 24)  
Session 5: Bolero/Rumba ..... Apr 7-21  
Session 6: Foxtrot ..... Apr 28-May 12  
Instructor: Cori Grimm

Register Today!  
[ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)



# Adult Programs

For full program descriptions and to register, click to visit [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)  
Register for each class as indicated below.

## FITNESS & MOVEMENT

Yoga classes: register online and choose your own dates: [ashlandoregon.gov/Register](http://ashlandoregon.gov/Register)

### Hatha Yoga for Every Body - \$20/class

Hatha Yoga for Every Body is a great practice for all ages (16+) and levels of experience focusing on physical postures, breathing techniques, and meditation. Participants progress at their own pace promoting physical, mental, and spiritual well-being.

Wednesdays | Jan 7-Apr 29 | 5:30-6:45pm  
The Grove Gym

### Chair Yoga for Every Body - \$20/class

Chair Yoga for Every Body is for all ages (16+). It is especially beneficial for those who struggle to get on and off the ground or in any sort of injury recovery. A wonderful workout for strength, mobility as well as flexibility and balance.

Fridays | Jan 2-Apr 24 | 10-11:15am  
The Grove Gym

**Balance your body.** *Calm your mind.* Yoga Multipasses Available

Get started by going to [ashlandoregon.gov/register](http://ashlandoregon.gov/register)

Click to open up the multipass tab!

Register	Multipass	Private Lessons
Multipass		
4-Class Multipass (Ages 16+)		\$72
		<a href="#">Add to cart</a>

**Add to cart and complete checkout!**

A Yoga Multipass gives you 4 sessions for \$72. Drop-in classes are \$20 each without the pass.

After you purchase a Multi-Pass, sign up for the class and date that fit your schedule. Multi-Passes work for both Chair Yoga and Hatha Yoga for Every Body.

Need help? We are here for you!  
541.488.5340 | [parksinfo@ashlandoregon.gov](mailto:parksinfo@ashlandoregon.gov)

## NATURE & GREEN LIVING

### Project FeederWatch - FREE

Learn about local birds for science, help count birds that visit the feeders at North Mountain Park while learning to identify species with expert birders. The information collected will be submitted to Cornell University's FeederWatch project, a nationwide citizen-science bird-monitoring effort. This project is made possible through funding and volunteers from the Rogue Valley Audubon Society. Pre-registration is not required for this free program. Loaner binoculars will be available.

Alternate Saturdays | 9-10am  
Jan 3, 17, 31, Feb 14, 28, Mar 14  
North Mountain Park Pavilion  
Age: 9 & up (*minors must be accompanied by an adult*)  
Instructors: Various regional birding experts

### Winter Bird Walk - FREE (must pre-register)

Winter in North Mountain Park is the time when resident and migratory birds share the park's habitat actively looking for food. They can be easier to spot as leaves are no longer on many of the park's trees. Some birds may also be calling in the park at this time of year. We'll be searching for sparrows, White-breasted Nuthatch, Black-capped Chickadees, finch species, Pine Siskin, woodpeckers, raptors, and others. Wear shoes and clothing suitable for winter-time weather. Loaner binoculars will be available.

Saturday | Jan 10 | 9-10am | North Mountain Park  
Age: 15 & up (*minors must be accompanied by an adult*)  
Instructor: Vince Zauskey, long-time volunteer at NMP

### Potherbs: Herbal Culinary Uses - \$30/online class (must pre-register)

Discover the magic of herbs in this 3-part series. Learn how herbs enhance flavor, inspire creativity, and elevate your everyday life.

Session 1: Herbal Alchemy - Infused Vinegars  
Session 2: Let's Preserve! Herbal Salts for Soups & Other Dishes  
Session 3: Flavoring and Blending: Herbal Loose-Leaf Tea  
Saturdays | Apr 11, 18, 25 | 1-2pm | Age: 18 & up

Instructor: Nikimbre' Daniels. Since childhood Nikimbre' has always felt a deep connection with plants and nature. Sharing the important, rich, and ancient relationship between people and plants is a blessed honor. Her classes strive to evoke a remembrance of plants that allow for intuition to be the vessel in which they are used.

# Recreation Opportunities

## Discover Ashland Parks & Recreation!



Scan code for more info!

### Facilities & Amenities

Rent outdoor spaces like the Butler Bandshell, pavilions, and picnic areas, or reserve a sports field for youth and adult leagues. Plus, enjoy amenities like sports courts, a Splash Pad, Skate Park, Dog Park, seasonal pool & ice rink, and more!

**Daniel Meyer Pool** – Seasonal swimming fun!

**Garfield Splash Pad** – Open Memorial Day – Labor Day

**Ashland Japanese Garden** – A peaceful retreat in Lithia Park, open daily, 8am – 7pm (Mar–Oct).

**Ashland Senior Center** – Programs & support for older adults. Open Mon–Thu, 8:30am–3:30am

**North Mountain Park Nature Center** – Trails, gardens & wildlife-friendly spaces. Nature Center open, Tue & Thu, 9am–1pm

**The Grove** – Your hub for recreation & program registration! Open Monday through Friday, 9pm–1 pm



[www.ashlanddevo.org](http://www.ashlanddevo.org)



**Building grit, resilience, and camaraderie since 2017.**

@ashlanddevo



Teaching Ashland School District 4th and 5th graders how to safely ride bikes

We need volunteers to assist instructors!



**Donate to help this program thrive.**

Send a check to:  
Ashland Parks Foundation,  
PO BOX 247, Ashland, OR 97520  
(Write PedalPower in the memo line)



[ashlandclimate.org/pedalpower](http://ashlandclimate.org/pedalpower)

# Volunteer in Parks

To learn more or to apply, click to visit [ashlandoregon.gov/Volunteer](http://ashlandoregon.gov/Volunteer)



## Lithia Park Guided Walks

If you love Lithia Park and are interested in sharing this love with others, consider becoming a Lithia Park Walk Guide. Guided walks have been taking place in Lithia for over 30 years and we are looking for new volunteers to join this program. Time commitment is a few hours a month, and training is provided!



## Nature Center Gardens

Help care for the stunning demonstration gardens at North Mountain Park. Join a social group of gardeners who work every Wednesday morning. Volunteers can adopt a plot and care for it week to week, or lend a hand less regularly across all the gardens. This is a great opportunity to use your gardening skills, or learn more about gardening.



## Pedal Power Bike Maintenance

Volunteer to fix up bikes at the Grove, 1195 E Main St, every Tuesday evening 5:30pm to 8:00pm and Thursday morning, 9:30am-noon. All experience levels welcome, and some training provided. The Pedal Power program helps distribute bikes to local aid organizations, low-income residents of the area, as well as supporting the Bike Swap to help raise funds for bike safety education in the Rogue Valley.



## THANK YOU TO OUR ADOPT-A-PARK & TRAIL SPONSORS

- Ashland Creek Park | *Ashland Christian Fellowship*
- Ashland Skate Park | *Pickled Planet & True South Solar*
- Bluebird Park | *Recology Ashland*
- Calle Guanajuato | *Lithia Artisans Market*
- Clay Street Park | *The Siskiyou School*
- Dirt Jump Park | *Rogue Valley Mountain Bike Association*
- Garden Way Park | *The Soroptimists*
- Garfield Park | *CrossFit Iron Haven, Ashland*
- Glenwood Park | *Glenwood Park Stewards*
- Heirloom Garden at Nature Center | *Ashland Garden Club*
- Hunter Park | *Ashland Tennis & Fitness Club*
- Lower Lithia Park | *Ashland Elks Lodge #944*
- Middle Lithia Park | *Peerless Hotel*
- North Mountain Park | *Ashland Food Coop*
- Upper Lithia Park | *Jovick Construction*
- Oredson-Todd Woods | *TRAILS & The Zaffaroni Family*
- Railroad Park | *Work Sharp*
- Scenic Park | *AHS National Honors Society*
- Siskiyou MT Park | *The Zaffaroni Family*

If you would like to "Adopt" please visit [ashlandoregon.gov/volunteer](http://ashlandoregon.gov/volunteer)



## CONTACT

Sulaiman Shelton, Volunteer Manager  
541.552.2264 | [sulaiman.shelton@ashlandoregon.gov](mailto:sulaiman.shelton@ashlandoregon.gov)

# Recreation Opportunities

## JOIN US AT THE ROGUE VALLEY'S BEST MUNICIPAL GOLF COURSE!



**Unlimited Golf with our Annual Pass programs!**  
(7 days a week\*)

Single | \$1,199  
Couple | \$1,399  
Senior/Veteran | \$1,099  
Family | \$1,574\*

*\*Based on availability. Some restrictions may apply.*

**New Limited Weekday Only Annual Pass!**  
(Mon-Fri except Holidays)

Single LTD | \$859  
Couple LTD | \$999  
Senior LTD | \$799  
Family LTD | \$1,174

We also offer a multi-round punch card:  
Enjoy 10 rounds of 9-holes for just \$179!

**RESERVE YOUR TEE TIME NOW AT [OAKKNOLLGOLF.ORG](http://OAKKNOLLGOLF.ORG)  
OR CALL 541.482.4311 FOR MORE INFO**

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[ashlandoregon.gov/CityNewsletters](http://ashlandoregon.gov/CityNewsletters)

## WHAT TO DO IN SOUTHERN OREGON

Bringing *Southern Oregon* together  
by sharing the *best* family friendly  
*fall* and *holiday* events, and things  
to do in our area and beyond!

**PHOTOGRAPHER | WRITER  
SOCIAL MEDIA SERVICES  
PROMOTER | EVENT CALENDAR**

Inquire about services: [whattodoinsonthernoregon@gmail.com](mailto:whattodoinsonthernoregon@gmail.com)

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# Spotlight on our Sponsors



**MEDFORD**  
PARKS, RECREATION AND FACILITIES

Medford Parks, Recreation & Facilities is the primary regional service provider for year-round adult sports leagues and affordable youth sports programs.

**Youth Sports Camps / Programs**  
Golf  
Flag Football  
Lacrosse  
Little Hoopsters  
Youth Indoor Soccer

**Adult Sports Leagues**  
Basketball  
Soccer  
Softball  
Volleyball

**Rogue X**  
Drop-in Sports: Basketball, Pickleball, & Volleyball  
Lap Swim  
Open Swim  
Water Fitness Classes

**For more information, go to [sportsmedford.com](https://sportsmedford.com) or call 541.774.2400.**



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LOCAL. AUTHENTIC. HANDCRAFTED.





**CENTRAL POINT, OREGON**  
05.09.2026 | 9AM-4PM | DOWNTOWN PINE ST.

[ijpr.org](https://www.ijpr.org)  
**JPR** | Jefferson Public Radio

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Classics & News | 88.3 FM · 90.1 FM  
Rhythm & News | 89.1 FM

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**One green bag...six times a year.**

Help feed 1,200 Ashlanders a month.  
Join the Food Project today.  
Building Community  
[AshlandFoodProject.com](https://AshlandFoodProject.com)  
(541) 205-9194




# Spotlight on our Sponsors



## BIKE DONATIONS:

Do you have a bike in need of a new home? Bike donations are needed in preparation for the Rogue Valley Bike Swap. Donated bikes will be fixed up and sold at the Bike Swap to support local youth bike education or distributed to aid organizations.

Donations are welcome at the Grove, 1195 E Main St, Ashland on Monday-Friday from 9am to 1pm. Bikes should be in working order, but those in need of some repairs are welcome.

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To donate at another time, or with questions and concerns please contact Sulaiman Shelton, Volunteer Manager for APR, 541.552.2264, [Sulaiman.Shelton@ashlandoregon.gov](mailto:Sulaiman.Shelton@ashlandoregon.gov)



## SAVE THE DATE!

### SAT | APR 18 NOON-2:30PM

Join us at The Grove in Ashland to buy, sell, or donate a bike, parts, or accessories at this festive and long-running annual event. *A portion of each sale will go to fund youth bike education programs in local public schools.*

In partnership with:



Learn more and stay up to date by visiting: [RVTD.org/bikeswap](http://RVTD.org/bikeswap)



## Ashland PARKS FOUNDATION

Deepen your support for Ashland parks by making a donation. **Get inspired!** Check out past and present projects on our website and donate page.



**DONATE TODAY!**

Join us in supporting Ashland Parks!  
[AshlandParksFoundation.org](http://AshlandParksFoundation.org)

## Exceptional Orthopedic Care

With offices in Ashland & Medford



TING ZHANG, MD	DANIEL JONES, MD	RYAN T. COLLEY, DO	YASER A. METWALLY, MD
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Advanced Orthopedics delivers the highest level of personalized care, using the latest surgical techniques and technology. **Now offering Physical Therapy!**



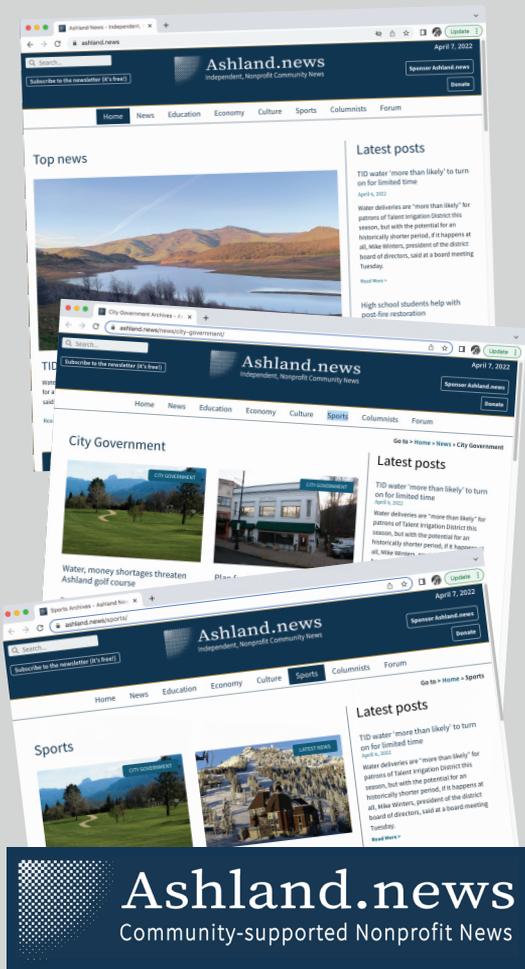
- SPORTS MEDICINE
- TRAUMA & FRACTURE CARE
- SHOULDERS
- HANDS
- TOTAL JOINTS

**MEDFORD AND ASHLAND LOCATIONS:**  
707 MURPHY ROAD, MEDFORD | 1401 SISKIYOU BLVD., SUITE #5, ASHLAND  
541-622-8900 [ADVANCEDORTHOPEDICS.COM](http://ADVANCEDORTHOPEDICS.COM)

# Spotlight on our Sponsors

## The 5W's

(and a How and a You)



**Ashland.news**  
Community-supported Nonprofit News

**Who:** Ashland.news is an independent, professional nonprofit news service supported by and serving residents of Ashland and nearby areas.

**What:** Ashland.news gathers, verifies and distributes reliable, trustworthy and timely Ashland community news and information via its website and email newsletters.

**When:** Ashland.news is a website available 24 hours a day, 365 days a year, updated regularly with local news and information. Ashland.news also sends out an email newsletter three times a week with links to stories posted on the website.

**Where:** Ashland.news is available on your desktop computer, tablet and mobile device. Ashland.news strives to cover the entire Ashland community and nearby areas.

**Why:** Ashland.news exists to inform the civic dialogue and promote cultural engagement in the hope that will help make it possible for residents of Ashland and adjacent communities to engage in informed conversations and effective collaboration, representing diverse points of view while seeking a common way forward.

**How:** Ashland.news is a community-supported, nonprofit organization sustained by donors and sponsors.

**You:** Ashland.news exists to serve the community, and will only exist if the community supports it. We believe quality news and current information should be accessible to everyone. We can only continue to provide this service if those who can support us, do support us. You can go to Ashland.news and make a one-time or ongoing donation, whether of \$15 or \$20 or \$25 per month, that will keep this piece of civic infrastructure a sustainable, ongoing part of the community. That will be up to you.

*Our community. Our news. Ashland.news*

# Spotlight on our Sponsors



**Join a Community of Enthusiastic Learners!**

**Adults Age 50+: Sign Up Now for OLLI Annual Membership**

**Hundreds of classes • Online and in-person  
Stress-free learning • Low membership fee**

*Come for the classes ... Stay for the connections*



**LLI**

**Southern OREGON UNIVERSITY**

[sou.edu/olli](http://sou.edu/olli)  
541-552-6048



## ROGUE READS

**A COMMUNITY READING EVENT**

Jackson County Library System is hosting our annual community reading event, Rogue Reads, from December to February! Check out the featured books at your local library, track your reading, join conversations, dive into themed programs, and so much more!

**AUTHOR TALK:  
SHELBY VAN PELT**

February 20, 2026 | 5 pm  
The Craterian Theater  
23 S Central Ave, Medford

**Tickets are free!**

Register online to save your seat.



LEARN MORE AT [JCLS.ORG/ROGUEREADS](http://JCLS.ORG/ROGUEREADS)



## Get Drawn In!

Over 100 Galleries, Studios, Artists, and Local Businesses

The Ashland Gallery Association is a membership organization that represents the Visual Arts in Southern Oregon.

First Friday Art Walk Year Round

Southern Oregon Open Studios

Become a Member Any Time

Complimentary Gallery Guides are at participating organizations sponsored by the Ashland Gallery Association.

Follow Us on Facebook and Instagram:  
[@ashlandgalleries](https://www.facebook.com/ashlandgalleries)  
[www.ashlandgalleries.com](http://www.ashlandgalleries.com)

**SOUTHERN  
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**Your Guide to  
Family Friendly  
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Give-Aways  
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# Facilities & Amenities



## Oak Knoll Golf Course

3070 Highway 66

Since 1927, golfers of all abilities have appreciated our challenging layout and beautiful setting. Oak Knoll is Southern Oregon's only municipal golf course — we are truly an integral part of the Ashland community.

Our par 36, 9-hole golf course is open year-round, and features a covered driving range with grass tee and practice areas. *Oak Knoll is also an excellent location for your wedding, family reunion or other special event!*

See p. 9 for information about our Annual Pass!

For more info, 541.482.4311 or visit:  
**OAKKNOLLGOLF.ORG**

## North Mountain Park & The Nature Center



**NATURE CENTER OPEN TO THE PUBLIC  
TUESDAYS & THURSDAYS 9AM - 1 PM**

North Mountain Park Nature Center, located next to Bear Creek at **620 N Mountain Ave.**, offers a variety of programs, exhibits, and Adventure Kits that are available for check-out. All year round, from sunrise to sunset, visitors can enjoy the demonstration gardens, nature trails, pavilion, picnic and play areas, and self-guided trail activities.

For more info, call 541.488.6606 or visit:  
**NORTHMOUNTAINPARK.ORG**

## The Grove Recreation Center



**OPEN MONDAY - FRIDAY 9AM TO 1PM  
1195 E MAIN ST., ASHLAND**

The Grove houses our Recreation Division. You can register for a program, get a map or gift certificate, apply for a scholarship, reserve a facility or just stop by to say, 'hello!'

For more info, 541.488.5340 or visit:  
**ASHLANDPARKSANDREC.ORG**

## Senior Services Division



**OPEN TO THE PUBLIC  
MONDAY - THURSDAY 8:30AM-3:30PM  
1699 HOMES AVENUE, ASHLAND**

Ashland Senior Center offers many free or low-cost activities and services for older adults and their families, including exercise classes, social activities, educational presentations, referrals to social services and more. *Lunch is offered by the Rogue Valley Council of Governments Food & Friends program at 11:30am Monday - Friday, by suggested donation for those age 60+.*

For more info, call 541.488.5342 or visit:  
**ASHLANDSENIORSERVICES.ORG**

# Connect to Your Community



## Ashland Fiber Network

*The High-Speed Internet  
Service You Own*



How  
Ashland  
Connects

**541.552.2222**  
**ashlandfiber.net**